2025 Parkcrest Session 1 Lesson Schedule

	11:00a - 11:30a	11:30a - 12:00p	12:00p - 12:30p	12:30p - 1:00p	5:30p - 6:00p	6:00p - 6:30p
Parent Tot		X			X	
Swim Levels 1 - 5	X	X	X	X	X	X
Swim Level 6		X				
Stroke Refinement	X		X	X		
Adult Swim					Beginner	Advanced
Fitness	8&U (M/W or T/Th)	9-10	11&Up			
Diving	M/W: Level 2 T/Th: Level 1	M/W: Level 1 T/Th: Level 2	M/W: Level 1 T/Th: Level 3	M/W: Level 2 T/Th: Level 1	M/W: Level 2	M/W: Level 1
Water Ballet	M/W: Level 1 T/Th: Level 2	M/W: Level 2 T/Th: Level 3	M/W: Level 3 T/Th: Level 1	M/W: Level 1 T/Th: Level 2		
	Water lessons (and fitness) are included in Full Family Memberships (first year, stockholder and non-stockholder). These lessons are not available to other membership types. Please contact us if you'd like to change your membership.					

2025 Parkcrest Session 1 Tennis / Pickleball Lesson Schedule

Time	Days	Age Group	Sport
9:15a - 10:00a	M/W	11-14	Tennis
10:00a - 10:30a	M/W or T/Th	9-10	Pickleball
10:30a - 11:00a	M/W or T/Th	7-8	Pickleball
11:00a - 11:30a	M/W or T/Th	5-6	Tennis
11:30a - 12:00p	M/W or T/Th	7-8	Tennis
12:00p - 12:30p	M/W or T/Th	9-10	Tennis
12:30p - 1:15p	M/W or T/Th	18+ (Adult)	Tennis
1:45p - 2:15p	M/W or T/Th	18+ (Adult)	Pickleball
2:15p - 2:45p	M/W or T/Th	10-14	Pickleball
2:45p - 3:15p	M/W or T/Th	5-9	Pickleball
3:15p - 4:00p	T/Th	11-14	Tennis
Tennis and Pickleball lessons are available to all memberships for an additional cost which varies based on the length of the class.			