

2023 Parkcrest Session 2 Lesson Schedule

	10:45AM	11:15AM	11:45AM	12:15PM	5:30PM	6:00PM
Parent Tot		X			X	
Swim Levels 1-5	X	X	X	X	X	X
Swim Level 6		X				
Stroke Refinement	X		X	X		
Adult Swim Lesson					Beginner	Advanced
Fitness	8 & Under M/W or T/Th	9-10	11 & Up			
Diving	M/W: Level 2 T/Th: Level 1	M/W: Level 1 T/Th: Level 2	M/W: Level 1 T/Th: Level 3	M/W: Level 2 T/Th: Level 1		
Water Ballet	M/W: Level 1 T/Th: Level 2	M/W: Level 2 T/Th: Level 3	M/W: Level 1 T/Th: Level 3	M/W: Level 1 T/Th: Level 2		

Change from session 1

2023 Parkcrest Session 2 Tennis Lesson Schedule

Time	Days	Age Group	Level
AM Session			
9:30a - 10:15a	M/W or T/Th	11-13	Middle School
10:15a - 10:45a	M/W or T/Th	9-10	Intermediate
10:45a - 11:15a	M/W or T/Th	5-6	Beginner
11:15a - 11:45a	M/W or T/Th	7-8	Advanced Beginner
11:45a - 12:30p	M/W or T/Th	18+	Adult
PM Session			
1:00p - 1:30p	M/W or T/Th	9-10	Intermediate
1:30p - 2:15p	M/W or T/Th	11-13	Middle School
2:15p - 2:45p	M/W or T/Th	7-8	Advanced Beginner